Braking up a love relationship

Dear "X"

For days I been thinking our relationship in common is deteriorating, perhaps turning off, and the most negative thing about this situation is that I cannot find ways of return, of union. I think of the first-born illusion full of light, joy and passion, and the present moment is becoming unbearable, dense, and hopeless.

I cannot continue living this negative feeling and I believe that we both need and deserve to experience more positive and pleasant ones. At our age we still have room for makeover to regenerate our lives and find new illusions ... with or without company.

I'm sorry, "X" but I can't continue to maintain our relationship / marriage and our life together, we shout give ourselves space and then we'll have time to appreciate or assimilate our separation.

I think it's the best for both of us.

Goodbye, dear (name).